K★NAAN

COUNTRY, GOD OR THE GIRL

PARENTAL
ADVISORY
EXPLICIT CONTENT

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Album Produced by Chuck Harmony, Brian West & K'NAAN
Executive Producers: K'NAAN, Sol Guy, James Diener & Chuck Harmony

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The Seed

Written by Keinan Warsame, Hasham Hussain, Denarius Motes & Edwin “Lil Eddie” Serrano
Published by Gain Weight Inc (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)/OctoScope Publishing/Sony/ATV Songs, LLC o/b/o Sham & Motesart Productions, Inc. (BMI)/Lileddiemusic/EMI Publishing (BMI)

Produced by Sham & Motesart for Sham & Motesart Productions, Inc.
Additional Production by Chuck Harmony for Harmony House Entertainment LLC/Make Moves Management, Inc.
Recorded by Sham & Motesart at Westlake Studios, LA, CA & Motesart Studios, Brooklyn, NY
Mixed by Philippe Weiss at The Red Room, Paris, France
Assisted by Simon Colin & Manu Schlindwein
Background Vocals: Ky’Arah Williams & Kayliah Motes
All Instruments & Programming: Sham & Motesart

Gold In Timbuktu

Written by Keinan Warsame, Charles Harmon & Jason “Chilly Gonzales” Beck
Published by Gain Weight Inc (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)/OctoScope Publishing/Chuck Harmony’s House Publishing, Strauss Co. LLC, Norma Harris Music Publishing (ASCAP)/EMI Music Publishing Ltd.

Produced by Chuck Harmony for Harmony House Entertainment LLC/Make Moves Management, Inc.
Recorded by Mike “TrakGuru” Johnson for Year87/Harmony House Entertainment LLC
& Ryan West at Vanilla Sky Studios, LA, CA, Record Plant, LA, CA, Germano Studios, NYC
Assisted by Trevor Gates for Harmony House Entertainment LLC at Vanilla Sky Studios, North Hollywood, CA
Mixed by Manny Marroquin at Larrabee Studios, Universal City, CA
Mix Engineer: Erik Madrid
Assistant Mix Engineer: Chris Galland
Piano: Chilly Gonzales & Chuck Harmony
All Other Instruments: Chuck Harmony

Waiting Is A Drug

Written by Keinan Warsame, Charles Harmon & Jason “Chilly Gonzales” Beck
Published by Gain Weight Inc (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)/OctoScope Publishing/Chuck Harmony’s House Publishing, Strauss Co. LLC, Norma Harris Music Publishing (ASCAP)/EMI Music Publishing Ltd.

Produced by Chuck Harmony for Harmony House Entertainment LLC/Make Moves Management, Inc.
Recorded by Mike “TrakGuru” Johnson for Year87/Harmony House Entertainment LLC & Ryan West at Vanilla Sky Studios, LA, CA, Record Plant, LA, CA, Germano Studios, NYC
Mixed by Duro at Jungle City Studios, NYC
Piano: Chilly Gonzales
All Other Instruments: Chuck Harmony

Better

Written by Keinan Warsame, Ryan Tedder, Noel Zancanella, Brent Kutzle, Chris Martin, Guy Berryman, Jonathan Buckland & William Champion
Published by Gain Weight Inc (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)/OctoScope Publishing/Write 2 Live (ASCAP), adm. worldwide by Kobalt Music Publishing, America, Inc./Patriot Games Publishing (BMI)/ Acornman/Patriot Games Publishing (ASCAP), adm. worldwide by Kobalt Music Publishing America, Inc./Universal Music Publishing-MGB Ltd. (ASCAP)

Produced by Ryan Tedder for Patriot Entertainment & Noel Zancanella
Recorded by Smith Carlson at Patriot Studios, Denver, CO & Westlake Studios, LA, CA
Assisted Engineer: Alejandro Barajas
Mixed by Phil Tan at Ninja Beat Club, Atlanta, GA
Assistant Engineers: Damien Lewis & Daniela Rivera
Organ & Drums: Darin "Piano Man" Whittington
Keyboards: Brent Kutzle
All Other Instruments: Ryan Tedder & Noel Zancanella

Contains an interpolation of "Lost!," written by Chris Martin, Guy Berryman, Jonathan Buckland & William Champion, published by Universal Music Publishing-MGB Ltd. (ASCAP). Used by permission. All rights reserved.

Simple

Written by Keinan Warsame & Brian West
Published by Gain Weight Inc (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)/OctoScope Publishing/ Worldwide West (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)

Produced by Brian "Sweetwesty" West
Engineered by Brian West at Gymnasium Studios, LA, CA
Mixed by Manny Marroquin at Larrabee Studios, North Hollywood, CA
Mixing Assisted by Erik Madrid & Chris Galland
Guitar: Adrian Ecclestom
Mbira: K'NAAN
Rhodes, Bass & Programming: Brian West
Additional Vocals: Christian Mendoza

Is Anybody Out There? featuring Nelly Furtado

Written by Keinan Warsame, Hasham Hussain, Denarius Motes, Melanie Hallim, Edwin "Lil Eddie" Serrano & Nelly Furtado
Published by Gain Weight Inc (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)/OctoScope Publishing/Sony/ ATV Songs, LLC o/b/o Sham & Motesart Productions, Inc. (BMI)/Rondor Music Publishing for itself and Mixed Chicks Publishing/Merokee Music (SOCAN)(ASCAP)/Title Nine Music (adm. by Rondor Music Publishing) (ASCAP)/ Lileddiemusic/EMI Publishing (BMI)/Sony/ATV Songs LLC (BMI)/Contingency Plan Music (SOCAN)

Produced by Sham & Motesart for Sham & Motesart Productions, Inc.
Recorded by Sham & Motesart at Westlake Studios, LA, CA
Mixed by Serban Ghenea at MixStar Studios, Virginia Beach, VA
Engineer for Mix: John Hanes
Assisted by Tim Roberts
All Instruments & Programming: Sham & Motesart
Nelly Furtado appears courtesy of Geffen Records

Hurt Me Tomorrow

Written by Keinan Warsame, Ryan Tedder, Noel Zancanella & Evan Bogart
Published by Gain Weight Inc (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)/OctoScope Publishing/Write 2 Live (ASCAP), adm. worldwide by Kobalt Music Publishing, America, Inc./Patriot Games Publishing (BMI)/Here's Lookin' At you Kidd Music/Beluga Heights Music/Sony/ATV Songs LLC (BMI)

Produced by Ryan Tedder for Patriot Entertainment
Co-Produced by Noel Zancanella
Recorded by Smith Carlson at Patriot Studios, Denver, CO & Westlake Recording Studios, LA, CA
Mixed by Phil Tan at Ninja Beat Club, Atlanta, GA
Assistant Engineers: Damien Lewis & Daniela Rivera
All Instruments: Ryan Tedder & Noel Zancanella

The Sound Of My Breaking Heart

Written by Keinan Warsame, RedOne, Jimmy Joker & Edwin "Lil Eddie" Serrano
Published by Gain Weight Inc (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)/OctoScope Publishing/Songs of RedOne/Sony ATV Songs LLC (BMI); 2101 Songs admin by Sony ATV Songs LLC (BMI)/Lileddiemusic/EMI Publishing (BMI)

Produced by RedOne & Jimmy Joker for RedOne Productions
Recorded by Jimmy Joker, Trevor Muzzy, Johnny Powers & John D. Norten at Henson Recording Studios, LA, CA
Vocal Editing: RedOne, Jimmy Joker, Trevor Muzzy & Johnny Powers
Vocal Arrangement: RedOne
Assistant Engineers: Paul LaMalfa, Alex Graupera & Nicolas Essig
Mixed by Trevor Muzzy for RedOne Productions at Henson Recording Studios, LA, CA
All Instruments, Programming & Background Vocals: RedOne & Jimmy Joker

Nothing To Lose featuring Nas

Written by Keinan Warsame, Charles Harmon, Tim Rice-Oxley & Nasir Jones
Published by Gain Weight Inc (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)/OctoScope Publishing/Chuck Harmony's House Publishing, Strauss Co. LLC, Norma Harris Music Publishing (ASCAP)/Universal Music Publishing-MGB Ltd. (ASCAP)/Sun Shining, Inc., Universal Music Z Tunes LLC (BMI)

Produced by Chuck Harmony for Harmony House Entertainment LLC/Make Moves Management, Inc.
Recorded by Mike "TrakGuru" Johnson for Year87/Harmony House Entertainment LLC, Ben "Bengineer" Chang for Make Moves Management, Inc., Ryan West & David Percefull at Vanilla Sky Studios, LA, CA, Germano Studios, NYC, Electric Lady Studios, NYC & Yellow Dog Studios, Austin, TX
Assisted by Peter Bischoff at Electric Lady Studios, NYC
Mixed by Kevin "KD" Davis at The Boom Boom Room, Burbank, CA
All Instruments: Chuck Harmony
Nas appears courtesy of the Island Def Jam Music Group, a division of UMG Recordings, Inc.

70 Excuses

Written by Keinan Warsame & Brian West
Published by Gain Weight Inc (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)/OctoScope Publishing/
Worldwide West (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)

Produced by Brian "Sweetwesty" West
Engineered by Brian West at Gymnasium Studios, LA, CA
Mixed by Manny Marroquin at Larrabee Studios, North Hollywood, CA
Mixing Assisted by Erik Madrid & Chris Galland
Vibraphone & Drum Programming: K'NAAN
Piano, Rhodes & Harmonium: Jon Levine
Trumpet: Harry Kim
Saxophone: Donald Hayes
Guitar, Moog & Programming: Brian West

Bulletproof Pride featuring Bono

Written by Keinan Warsame, Brian West, Jon Levine, Charles Harmon & Bono
Published by Gain Weight Inc (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)/OctoScope Publishing/
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Music Publishing Canada (SOCAN)/Chuck Harmony's House Publishing, Strauss Co. LLC, Norma Harris Music
Publishing (ASCAP)

Produced by Brian "Sweetwesty" West, Jon Levine
& Chuck Harmony for Harmony House Entertainment LLC/Make Moves Management, Inc.
Engineered by Brian West & Mike "TrakGuru" Johnson for Year87/Harmony House Entertainment LLC at
Gymnasium Studios, LA, CA, Westlake Recording Studios, LA, CA & Germano Studios, NYC
Additional Engineering: Jared Scott
Bono vocals engineered by Declan Gaffney
Mixed by Philippe Weiss at The Red Room, Paris, France
Assisted by Simon Colin & Manu Schlindwein
Drums: Steve Jordan
Violin: Anne Marie Simpson
Guitars & Programming: Brian West
Piano, Synthesizers & Percussion: Jon Levine
B-3 Organ, Keyboards & Bass: Chuck Harmony
Bono appears courtesy of Mercury Records UK

The Wall

Written by Keinan Warsame, Wayne Wilkins, Antwoine Collins & David Glass
Published by Gain Weight Inc (SOCAN)/Sony/ATV Music Publishing Canada (SOCAN)/OctoScope Publishing/
Blow The Speakers LLC o/b/o Sony/ATV Songs LLC (BMI)/Wiz Up Publishing/Ego Frenzy Music (BMI), adm. by Sony/
ATV UK/Glass Too Big/Ego Frenzy Songs (ASCAP), adm. by Sony/ATV UK

Produced by Wayne Wilkins, Troy NōKA & Glass
Engineered by Anthony Palazole & Kevin Anyaeji at Wayne Manor, Santa Monica, CA
Mixed by Manny Marroquin at Larrabee Studios, North Hollywood, CA
Mixing Assisted by Erik Madrid & Chris Galland
Drum programming: Troy NōKA
Keyboards: Wayne Wilkins
Ukelele & Guitars: David Glass

Album Produced by Chuck Harmony, Brian West & K'NAAN

Executive Producers: K'NAAN, Sol Guy, James Diener & Chuck Harmony

THANK YOU COUNTRY.
THANK YOU GOD.
THANK YOU GIRL.

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